

## CAJUN FAVOURITES

**NEW ORLEAN'S BREAKFAST** \$16.95

two eggs, two sausages, Canadian back bacon, grilled tomato, potatoes, pancake & buttermilk biscuit

**COWBOY FRICASSEE HASH** \$16.95

scrambled eggs, potatoes, sausage, bacon & onions topped with cheddar cheese, pancake & toast

**BREAKFAST POUTINE** \$15.95

potatoes topped with scrambled eggs, bacon, grilled onion, cheese curds & hollandaise sauce

**RED NECK GRITS** \$15.95

creamy cheesy garlic grits with some fricassee'd ham & eggs topped with red eyed gravy

**CLASSIC CANADIAN HASH (vegetarian)** \$14.95

seasoned potatoes, onions, mushrooms, bell peppers & tomatoes with a buttermilk pancake & toast

**STARVIN' MARVIN** \$19.95

6oz sirloin steak, three eggs any style, grilled tomato, potatoes & toast

**BREGGFAST SANDWICH** \$14.95

two fried eggs, Canadian bacon, fried onions, tomato & lettuce on toasted bun with skillet potatoes

**ACADIAN BLT** \$12.95

Canadian bacon, lettuce, tomato slices & mayonnaise on whole grain toast with skillet potatoes

Add: cheddar cheese \$1.99 Add: ½ avocado \$3.25

**GRILLED CHEESE & CANADIAN BACON** \$12.95

on multi grain toast with skillet potatoes

**CAJUN GRILL CHEESE DELUXE** \$14.95

cheddar & pepper jack cheeses, gilled onions, andouille sausage, tomatoes & pepper jelly on toasted French bread served with skillet potatoes

**WRAP IT UP** \$14.95

scrambled eggs, sausage, tomatoes, bell peppers, cheddar jack cheese & salsa in a flour tortilla served with potatoes

Please advise server of any food allergies

# Breakfast / Brunch

403-762-2633

Available until 3:00pm



## EGGS YOUR WAY

One Egg with Multi Grain Toast \$ 6.45

Two Eggs with Multi Grain Toast \$ 8.35

Three Eggs with Multi Grain Toast \$ 9.65

Add: strip bacon, Canadian bacon sausage or ham \$ 2.50

Add: skillet potatoes, Cajun potatoes, tomato slices \$ 2.50

Add: fresh avocado, andouille sausage, cheesy garlic or maple syrup grits \$ 3.25

Add: Pacific smoked salmon \$ 7.99

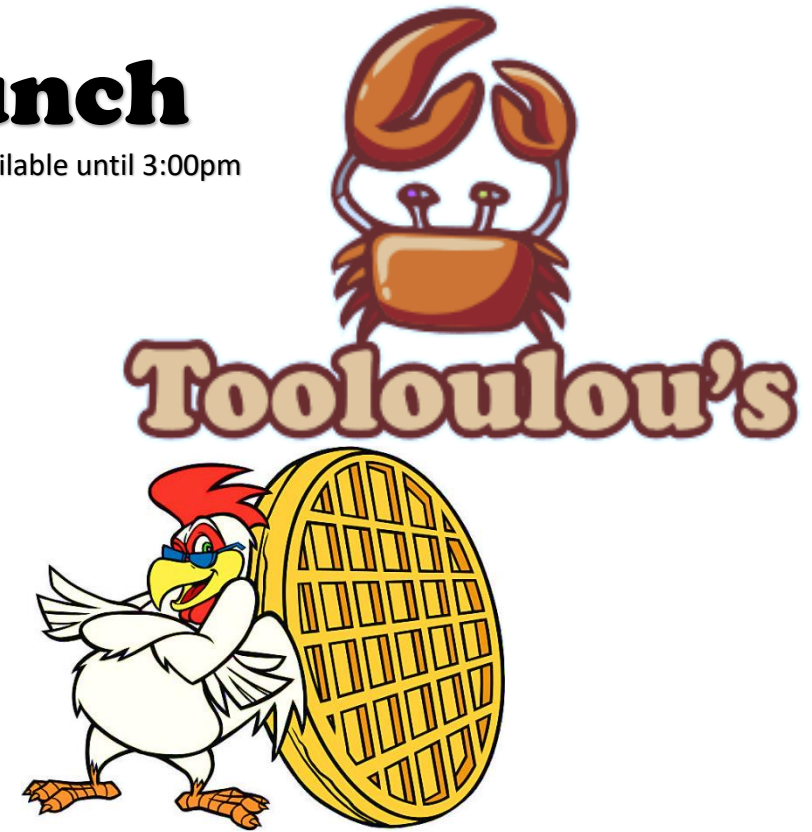


## SOMETHING SIMPLE

Smoked Salmon Bagel \$15.95

Granola Yogurt Parfait \$12.95

Fresh Seasonal Berries \$ 8.25



## 10AM EYE OPENERS

**CREOLE CAESAR** \$ 7.95

Vodka, clamato juice, fresh lime, horseradish, Worcestershire sauce, tabasco & Creole seasoning

**MAMOU MIMOSA** \$12.95

Sparkling wine, orange liqueur, fresh orange juice

**TRUFFLE NUT** \$ 8.50

Bailey's, Frangelico, amaretto, coffee & whipped cream

**PEPPERMINT PAW PAW** \$ 8.50

Peppermint schnapps, hot chocolate, whipped cream

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## OMELETS

<b>WESTERN</b>	\$14.95
<i>ham, tomatoes, green onion, cheddar jack cheese</i>	
<b>VEGGIE</b>	\$14.75
<i>mushroom, bell peppers, onions, tomatoes, cheddar jack cheese</i>	
<b>JAMBALAYA</b>	\$14.95
<i>chicken, andouille sausage, cheddar jack cheese topped with spicy Creole sauce</i>	
<b>CRAB &amp; ASPARAGUS</b>	\$16.25
<i>crabmeat, grilled asparagus, cheddar jack cheeses &amp; hollandaise sauce</i>	
<b>RAJUN CAJUN</b>	\$15.95
<i>andouille sausage, mushrooms, onions, bell peppers, pepper jack cheese &amp; Creole mustard</i>	
<b>GREEN EGGS &amp; HAM</b>	\$15.95
<i>grilled spinach, green peppers &amp; onions, ham, cheddar jack cheese, salsa verde</i>	
<b>CHASIN' TAILS</b>	\$16.25
<i>blackened lobster, pepperjack cheese &amp; hollandaise sauce</i>	
<b>RANCHEROS INCREDABALOS</b>	\$14.95
<i>fresh avocado, salsa, cheddar jack cheese</i>	
<b>SPINACH &amp; CHEDDAR</b>	\$14.95
<i>Fresh grilled spinach &amp; cheddar cheese</i>	
<b>HAWG &amp; HEN</b>	\$14.95
<i>BBQ pulled pork, cheddar jack cheese</i>	
<b>DANCIN' JACK</b>	\$14.95
<i>pork belly, hot pepper jelly, pepperjack cheese, topped with hollandaise</i>	
<b>WHITE OUT</b>	\$16.25
<i>egg whites, fresh grilled spinach &amp; feta cheese</i>	

\*\* 3 egg omelets served with multi grain toast and choice of potatoes or tomatoes

\*\* sub egg whites \$1.50

## FRENCH TOAST

<b>Plain French Toast</b>	\$12.95
<b>Apple Cinnamon</b>	\$14.95
<b>Fresh Fruit Infusion</b>	\$16.50
<i>seasonal fresh berries, bananas</i>	
<b>Banana's Foster</b>	\$14.95
<i>bananas, pecans, caramel</i>	
<b>Mascarpone &amp; Peaches</b>	\$14.95
<b>Chocolate Chipmunk</b>	\$14.95
<i>chocolate hazelnut filling</i>	
<b>Raspberry Ripple</b>	\$15.95
<b>Oreo Cookie Monster</b>	\$14.95
<b>Turtle Toast</b>	\$14.95
<i>pecans, caramel, chocolate</i>	

\*\* garnished with whipped cream & powdered sugar



## PANCAKES

<b>Two buttermilk pancakes</b>	\$12.95
<b>Three buttermilk pancakes</b>	\$14.95
** choice of strip bacon, Canadian bacon sausages or ham	
<b>Banana Nut</b>	\$14.95
<i>banana slices, pecans &amp; caramel</i>	
<b>Apple Cinnamon</b>	\$14.95
<b>Peach &amp; Pecan</b>	\$14.95
<b>Makin' Bacon</b>	\$14.95
<b>Chocolate Chip</b>	\$13.95
<b>Fresh Raspberry</b>	\$14.95
<b>Blueberry Blues</b>	\$14.95

\*\*garnished with whipped cream & powdered sugar

Side Eggs: One Egg \$3.25 Two Eggs \$4.75 Three Eggs \$6.25

## BELGIAN WAFFLES

<b>Plain Belgian Waffle</b>	\$12.95
<b>Jordan's Jamboree</b>	\$16.50
<i>seasonal fresh berries, bananas</i>	
<b>Apple Cinnamon</b>	\$14.95
<b>Strawberries &amp; Chocolate</b>	\$14.95
<b>Chocolate Chip</b>	\$14.95
<b>Blueberry Blues</b>	\$14.95
<b>Fresh Raspberry</b>	\$15.95
<b>Peach &amp; Pecan</b>	\$14.95
<b>Waffle Crème Brule</b>	\$14.95
<i>vanilla yogurt &amp; caramel</i>	

\*\* waffles garnished with whipped cream & powdered sugar

**CHICKEN & WAFFLE** \$16.95  
*drizzled with honey & maple syrup*

## SIDES

<b>Cheesy Garlic Grits</b>	\$6.25
<b>Maple Syrup Grits</b>	\$6.25
<b>Bacon Strips (6)</b>	\$4.75
<b>Canadian Bacon (4)</b>	\$4.75
<b>Sausages (4) or Ham (3)</b>	\$4.75
<b>Side Buttermilk Pancake</b>	\$5.45
<b>Side Fresh Berries</b>	\$4.25
<b>Skillet or Cajun Potatoes</b>	\$3.95
<b>Andouille Sausage</b>	\$3.95
<b>Honey Whole Grain Toast</b>	\$3.75
<b>Toasted Bagel or English Muffin</b>	\$3.95
<b>Buttermilk Biscuit</b>	\$2.50
<b>Philadelphia Cream Cheese</b>	\$1.99
<b>Half Fresh Avocado</b>	\$3.25
<b>Sliced Banana</b>	\$2.25

## BENEDICT BAR

two poached eggs on toasted English muffin\*

<b>VIK &amp; DIK</b>	\$14.95
<i>with Canadian bacon on English muffin topped with hollandaise sauce</i>	
<b>CAROLYN'S CONFECTION</b>	\$15.95
<i>fresh avocado, tomato slices topped with hollandaise sauce</i>	
<b>SMOKEY SALMON</b>	\$16.95
<i>Pacific smoked salmon, grilled onions, hollandaise sauce, capers</i>	
<b>SIZZLING RIVALRY</b>	\$16.95
<i>½ crabmeat &amp; ½ spicy shrimp on Canadian bacon topped with hollandaise</i>	
<b>DUCK DUCK BENNY</b>	\$15.95
<i>BBQ pulled duck, caramelized onions &amp; hollandaise sauce</i>	
<b>PORK BELLY BENEDICT</b>	\$15.95
<i>crispy pork belly topped with Cajun hollandaise sauce</i>	
<b>BOURBON STREET</b>	\$16.95
<i>topped with piquant Creole sauce on a Tooloulou's crabcake *</i>	
<b>SOUTHERN COMFORT</b>	\$16.95
<i>chicken fried steak on sweet cornbread* topped with hollandaise sauce</i>	
<b>EGGS BAYOU</b>	\$15.95
<i>andouille sausage &amp; hollandaise sauce</i>	
<b>EGGS SHANNON</b>	\$16.95
<i>andouille sausage, spicy shrimp lobster etouffee</i>	

\*\*garnished with paprika & green onions

\*\*\*served with choice of potatoes or fresh tomato slices



Banff Alberta

# LUNCH 10:00AM – 3PM

403-762-2633

## BAYOU BOWLS

**SEAFOOD SAUSAGE GUMBO \$18.75**  
*seafood stew of shrimp, clams, scallops, andouille sausage with southern seasonings served over Cajun Dirty Rice*

**CREOLE JAMBALAYA \$17.95**  
*andouille sausage, chicken, Cajun Dirty Rice in spicy Creole sauce*

**SHRIMP LOBSTER ETOUFFEE \$18.75**  
*shrimp, lobster, onion, bell peppers, celery, tomatoes in a spicy cayenne butter sauce over Cajun Dirty Rice*

**TASTE N'AWLIN'S \$21.95**  
*Trinity of Creole Jambalaya, Shrimp Lobster Etouffee & Seafood Sausage Gumbo over Cajun Dirty Rice*

**THE BIG EASY \$18.95**  
*linguini with scallops, baby clams, rock crab & Creole sauce*

**SHRIMP & GRITS YAYA \$19.25**  
*fried green tomatoes & cheesy garlic grits topped with spicy garlic shrimp in our YaYa bbq sauce*

**MILE HIGH STIR FRY \$16.95**  
*fresh zucchini, broccoli, onion, bell peppers, mushrooms, seasonings served over white rice  
 add spicy shrimp or scallops \$6.99 add chicken \$5.99*

**RED BEANS & RICE \$17.95**  
*NOLA favourite simmered with smoked ham shanks  
 add andouille sausage \$3.95 add blackened chicken \$5.99*

## SOUP & SALAD

**CRAB & CORN BISQUE \$ 9.95**

**SWAMPBURGER SOUP \$ 9.25**  
*heartly blend of ground beef, vegetables & Cajun seasoning*

**TOOLOULOU EXPRESS \$15.95**  
*choice of soup with Zydeco or Lemon Garlic Caesar salad*

**MAGNOLIA SALAD \$12.95**  
*goat cheese, pecans, dried cranberries, mixed greens and honey mustard vinaigrette*

**LEMON GARLIC CAESAR \$10.95**  
*romaine lettuce, cornbread crumble & parmesan cheese tossed with lemon garlic Caesar dressing  
 add blackened chicken, shrimp or scallops \$7.00*

**SOFT SHELL CRAB SALAD \$17.95**  
*fried whole softshell crab on mixed greens, bell peppers, onion, cucumber, tomato & avocado & house vinaigrette*

**ZYDECO HOUSE SALAD \$ 9.50**  
*mixed greens, cucumbers, bell peppers, tomatoes & red onion with balsamic vinaigrette*

**LOULOU WEDGIE \$17.95**  
*crisp lettuce wedge, tomatoes, cucumbers, pecans, bleu cheese, Dijon vinaigrette. Choice of blackened shrimp or chopped lobster tail*

**SHRIMP REMOULADE SALAD \$16.95**  
*Warm spicy shrimp tossed in Creole remoulade sauce over Fresh spinach, mushrooms & red onions*

**BLACKENED JACK \$17.95**  
*blackened tenderloin tips, grilled bell peppers, black olives, artichoke hearts, mushrooms, home style greens & bleu cheese dressing*

## LAGNIAPPES (a little something extra!)

**HUSHPUPIES & CORNBREAD \$ 6.95**

**GRILLED GARLIC CHEESE FLATBREAD \$ 8.95**

**TOOLOULOU'S CRAB CAKES**  
 One Crab Cake \$8.50 Two Crab Cakes \$15.95

**ALLIGATOR BITES \$17.95**  
*crispy fried served with Creole tartar sauce (seasonal)*

**CAJUN CALAMARI \$13.95**

**DEEP FRIED OYSTERS \$12.95**

**POPCORN SHRIMP \$13.95**

**CREAMY CRAB DIP \$15.95**  
*baked cheese, seasonings & crabmeat served with mardi gras chips*

**BIG EASY CHICKEN TENDERS \$12.95**  
*crispy fried chicken breast tenders served with house bbq sauce*

**CATFISH BITES \$12.95**  
*golden fried catfish served with Creole tartar sauce*

**GARLIC CHILI SHRIMP \$14.95**  
*whole jumbo shrimp sautéed in garlic chili sauce served with crusty bread*

**FRIED GREEN TOMATOES \$ 9.95**  
*cornmeal dusted green tomatoes served with Creole remoulade sauce*

**TABASCO WINGS \$13.95**  
*ten wings tossed in Louisiana hot sauce served with ranch dressing*

**SOUTHERN FRIED PICKLE SPEARS \$ 9.95**  
*served with ranch dressing*

**BOURBON GLAZED PORK BELLY CHUNKS \$13.95**  
*smoked crispy pork belly glazed with bourbon bbq sauce*

**BOUDIN BALLS \$10.95**  
*traditional Louisiana blend of beef, pork, rice onions, peppers & seasonings*

**LOUISIANA DITCH CHICKEN \$12.95**  
*crispy fried frogs legs brushed with house bbq sauce & onion rings*

**SOFT SHELL CRAB TOAST \$16.95**  
*fried whole softshell crab on garlic toast brushed with Cajun lemon oil*

**BLACKENED TENDERLOIN TIPS \$13.95**  
*beef tips served with bleu cheese dip*

**POBOYS** All Po'boy's served on a grilled baguette with fresh lettuce & tomato

<b>BUBBA SHRIMP</b>	\$17.95
<i>cajun fried shrimp &amp; creolaise</i>	
<b>CATFISH</b>	\$16.95
<i>blackened catfish &amp; creole tartar sauce</i>	
<b>CRABILICIOUS</b>	\$16.95
<i>crab cake &amp; fresh lime sauce</i>	
<b>BBQ PORK</b>	\$16.95
<i>slow cooked pulled pork in house bbq sauce</i>	
<b>BLACKENED CHICKEN</b>	\$17.95
<i>blackened chicken breast with creolaise</i>	
<b>SOFT SHELL CRAB</b>	\$19.95
<i>whole fried soft shell crab &amp; creole tartar sauce</i>	
<b>BBQ DUCK</b>	\$16.95
<i>bbq pulled duck in house bbq sauce</i>	
<b>BOUDIN BALL</b>	\$16.95
<i>blend of beef, pork, rice, onions, peppers &amp; creole mustard</i>	
<b>OYSTER</b>	\$16.95
<i>deep fried oysters &amp; tangy cocktail sauce</i>	
<b>BLACKENED TENDERLOIN TIPS</b>	\$18.95
<i>beef tips with creole mustard</i>	
<b>ANDOUILLE SAUSAGE</b>	\$16.95
<i>house andouille sausage with creole mustard</i>	
<b>FRIED GREEN TOMATO</b>	\$15.95
<i>with creole remoulade sauce</i>	

\*\* choice of fresh cut fries, cajun fries, sweet potato fries, Zydeco house salad or lemon garlic Caesar salad

**SIDES**

Hushpuppies	\$6.95	Cheesy Garlic Grits	\$6.25
Sweet Cornbread	\$6.95	Single Slice Cornbread	\$2.50
Fresh Cut Fries	\$7.95	Sweet Potato Fries	\$8.95
Cajun Fries	\$7.95	Onion Rings	\$8.95
Dirty Rice	\$5.25	Cup Soup	\$5.20
Andouille Mac N' Cheese	\$5.95		

**HOUSE FAVOURITES**

<b>FISH &amp; CHIPS</b>	\$17.95
<i>battered catfish filet marinated in hot sauce, Creole tartar sauce</i>	
<b>BIG DADDY BBQ RIBS</b>	\$19.95
<i>served with Cajun dirty rice or fresh cut fries</i>	
<b>SHRIMP QUESADILLA</b>	\$16.95
<i>with Monterey jack &amp; cheddar cheeses, Creole sauce &amp; sour cream</i>	
<b>BBQ PORK QUESADILLA</b>	\$16.95
<i>with Monterey jack cheddar cheeses topped with sour cream</i>	
<b>FISH TACO</b>	\$16.95
<i>blackened catfish, tomatoes, cucumbers, lettuce &amp; fresh lime sauce</i>	
add avocado \$3.25    add cheddar jack cheese \$1.99	
<b>CHICKEN FRIED STEAK</b>	\$17.95
<i>seasoned beef minute steak battered &amp; fried with choice of peppercorn or biscuit gravy</i>	
<b>ANDOUILLE MAC N' CHEESE</b>	\$16.95
<i>cheesy cajun seasoned macaroni with andouille sausage</i>	
add blackened shrimp \$6.99	
add blackened chicken \$5.99	
<b>STEAK SANDWICH</b>	\$17.95
<i>AAA 6oz sirloin steak with French fries</i>	
<b>MISSISSIPPI MUSSELS</b>	\$19.95
<i>steamed in garlic &amp; white wine served in our spicy Creole sauce</i>	

**SANDWICHES**

<b>CAJUN CLUB WRAP</b>	\$15.25
<i>blackened chicken, bacon, tomato, avocado, lettuce, cheddar jack cheese, ranch dressing</i>	
<b>CHICKEN CAESAR WRAP</b>	\$15.25
<i>crisp chicken tenders, bacon, lettuce, asiago &amp; mozzarella cheeses, house Caesar dressing</i>	
<b>BAYOU BLACK JACK WRAP</b>	\$16.95
<i>blackened tenderloin tips, grilled bell peppers, black olives, artichoke hearts, mushrooms, home greens, bleu cheese dressing</i>	
<b>VEGGWICH WRAP</b>	\$14.75
<i>tomato slices, avocado, cucumber, red onion, lettuce, pepperjack cheese, creolaise</i>	



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**BIG BAD BURGERS** on a grilled bun

<b>BIG DADDY</b>	\$17.95
<i>½ pound beef burger, cheddar cheese, lettuce, tomato, onion, mustard, mayo, pickle</i>	
<b>CRAZY CAJUN</b>	\$17.95
<i>½ pound beef burger, fried mushrooms, bacon, cheddar, creolaise, lettuce, tomato</i>	
<b>BLEU'S BURGER</b>	\$17.95
<i>½ pound beef burger, bacon, bleu cheese, lettuce, tomato, creolaise</i>	
<b>CANADIAN BIG DADDY</b>	\$18.95
<i>Big Daddy burger with ham &amp; bacon</i>	
<b>BLAZIN' BOURBON BURGER</b>	\$17.95
<i>½ pound bourbon rubbed beef burger, pepper jack cheese, grilled mushrooms, creolaise, lettuce, tomato</i>	
<b>PEPPER JACK RANCH</b>	\$17.95
<i>grilled boneless chicken breast, bacon, pepper jack cheese, bbq sauce, lettuce, tomato</i>	
<b>CRAB SHACK</b>	\$17.95
<i>crab cake, pepperjack cheese, cocktail sauce, lettuce, onion, tomato</i>	
<b>BLACK BEAN VEGGIE BURGER</b>	\$16.95
<i>house made veggie burger, creolaise, lettuce, tomatoes, pickle</i>	

\*\* choice of fresh cut fries, Cajun fries, sweet potato fries, Zydeco house or Lemon Garlic Caesar salad

\*\*\* choice of fresh cut fries, Cajun fries, sweet potato fries, Zydeco house or Lemon Garlic Caesar salad

\*\* substitute a bowl of soup \$2.50 add a bowl of soup \$5.20

<b>ACADIAN BLT</b>	\$12.95
<i>Canadian bacon, lettuce, tomato slices, mayonnaise on whole grain toast</i>	
<b>GRILLED CHEESE &amp; CANADIAN BACON</b>	\$12.95
<i>cheddar cheese &amp; CDN bacon on whole wheat toast</i>	
<b>SMOKED SALMON BAGEL</b>	\$14.95
<i>½ plain bagel, cream cheese, red onion &amp; capers</i>	