PROW [noun] /prou/

A large overhanging arete. T<mark>he steepest</mark> protruding line on a<mark>ny given</mark> face. A large projecting pointed front; a proud protruding entrance.



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### SWEETS & KIDS PLATES

FRESH BUTTERMILK PANCAKES, melted ice cream sauce, toasted macadamia nuts, maple glazed fruit	15
FRENCH TOAST, cinnamon challah bread, buffalo trace bourbon whip, fresh berries	16
FRUIT & MOUNTAIN GRANOLA, lodge-made granola, maple glazed fruit, greek yoghurt	12
KIDS PANCAKES, child-sized portion of main course	10
KIDS BREAKFAST PLATE, one scrambled egg, crispy bacon, potato & white toast	12
TWO EGG OMELET, lodge-organic peppers, mushrooms, red onion, white cheddar, lodge potatoes add bacon <b>4.75</b> or wild boar sausage <b>5.50</b>	14

MAINS

<b>AVOCADO TOAST (v),</b> avocado, toasted sesame seeds, red chilli flakes, lemon, sourdough toast, lodge potatoes add two eggs any style <b>5</b>	19
THREE EGG OMELET, organic peppers, mushrooms, onion, deepwater baby kale, white cheddar, house made salsa, lodge potatoes add bacon 4.75 or wild boar sausage 5.50	17
MIXED GRILL two free run eggs any style, smoked bacon, wild boar maple whiskey sausage, lodge potatoes, choice of toast, fruit	18
CRMR ELK CHILI, roasted sweet potato, broxburn peppers & deep water kale, poached eggs, mole sauce	18
SMOKED SALMON BENNY, poached free run eggs, wild smoked coho salmon, english muffin, hollandaise sauce, baby kale, lodge potato	21
CANADIAN BACK BACON BENNY, poached free run eggs, back bacon, english muffin, baby kale, hollandaise sauce, lodge potatoes	21
SALMON GRAVLAX, smoked salmon, citrus cream cheese, fried capers, red onion, fresh dill, lodge potatoes	17
HUEVOS RANCHEROS crispy & soft white corn tortilla, pulled bison rib, sweet peppers, red onion, refried black beans, two eggs any style, lodge potatoes	18

DRINKSloose leaf tea selection3.75brewed organic coffee3.75café espresso3.75café cappuccino4.50café latte4.75milk, skim milk or chocolate milk3.75fruit juice (cranberry, apple, orange, grapefruit)3.75

SIDES —	
two eggs, any style	5.00
lodge potatoes	4.25
wild boar maple whiskey sausage	5.50
crisp bacon	4.75
greek yogurt	4.00
sliced fruit plate	5.25
toasted sourdough, assorted preserves & house churned butter	6.00

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THE

PROW

FOOD + DRINK

v - vegetarian



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### SHARED

MARINATED OLIVES (vg/gf) served warm, marinated in orange zest, sherry vinegar, rosemary, thyme, garlic	8
<b>ROCKY MOUNTAIN CHARCUTERIE</b> 4 item 24 / 7 item 4 selection of locally produced cured meats & cheeses, house made pickled vegetables, mustard melons, dark rye bread	12
<b>TORTILLAS &amp; GUACAMOLE (vg)</b> pico de gallo, fried tortillas, mezcal, lime	16
FRIED ARTICHOKE HEARTS (v) citrus aioli, honey, grilled lemon TACOS	13
SLOW BRASIED BISON (gf) slow braised bison, onion, jalapeño, cilantro, avocado cream	6
AL PASTOR CHICKEN (gf) achiote marinated chicken, pineapple salsa, cilantro	6
ROASTED CAULIFLOWER (gf, vg) pickled red onion, guacamole	6
*All tacos are served on warm corn tortilla & a side of house	

#### CASUAL

<b>CRMR BISON POUTINE</b> slow braised bison rib, hand cut frites, bison gravy, cheese curds, scallions	17
PROW CAESAR SALAD baby gem lettuce, parmesan, lemon garlic croutons, white anchovy caesar dressing add prawns or chicken breast - 7	15
SPINACH SALAD (gf) baby spinach, red onion, crispy pancetta, stilton blue, candied pecans, lemon poppyseed vinaigrette add prawns or chicken breast – 7	16
ORGANIC GREEN SALAD (vg/gf) cucumber, tomato, radish, white balsamic, cold press canola oil	13
<b>BOURBON BBQ RIBS (5)</b> slow cooked st. louis cut pork ribs, organic greens, bourbon saskatoon berry bbq sauce	18
BURRATA & CHERRY TOMATO (v) broxburn tomato, grilled sourdough, baby kale, burrata cheese, white balsamic, olive oil	18

29

29

MAIN

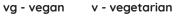
CRMR BISON CHEESEBURGER applewood smoked cheddar, bacon jalapeño jam, butter leaf lettuce, roasted garlic aioli	24
<b>KABOCHA SQUASH &amp; LENTIL STEW (vg/gf)</b> kale, zucchini, carrot, turmeric root, tomato, cilantro, yucca, fresh arugula, pumpkin seeds	24
<b>BUFFALO CHICKEN SANDWICH</b> crispy fried chicken, buffalo sauce, mayo, shredded lettuce, pickled jalapenos, brioche bun, hand cut fries	22
<b>BISON FLANK STEAK SANDWICH</b> 6 oz CRMR bison flank steak, chili & garlic bread, organic greens, hand cut fries, chimichurri	26
SMASHED AVOCADO BLT double smoked bacon, roasted garlic aioli, tomato, lettuce, uprising sourdough	18
HOUSE MADE PASTA	
RADIATORI chorizo sausage, broxburn cherry tomato, broccolini, white wine, red chili	28
BLACK PEPPER LINGUINI chicken, spinach, tomato, white wine, nutmeg cream, toasted sesame	28

LEMON CONCHIGLIETTE prawns, scallops, chorizo sausage, sweet bell peppers, snap peas, chevre cream sauce, parmesan, fresh basil FETTUCCINI

CRMR game meat balls (5), san marzano marinara sauce, parmesan, parsley

gluten free pasta option - 2

made pico de gallo



gf - gluten free

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AL PASTOR CHICKEN (gf) achiote marinated chicken, pineapple salsa, cilantro	6
ROASTED CAULIFLOWER (gf, vg) pickled red onion, guacamole	6
*All tacos are served on warm corn tortilla & a side of house made pico de gallo	

#### CASUAL

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<b>ORGANIC GREEN SALAD (vg/gf)</b> cucumber, tomato, radish, white balsamic, cold press canola oil	13
<b>BOURBON BBQ RIBS (5)</b> slow cooked st. louis cut pork ribs, organic greens, bourbon saskatoon berry bbq sauce	18
BURRATA & CHERRY TOMATO (v) broxburn tomato, grilled sourdough, baby kale, burrata cheese, white balsamic, olive oil	18

## FROM THE GRILL

ANGUS BEEF RIBEYE 12oz	52
"AAA" CRMR BISON TENDERLOIN 6oz	56
CRMR ELK STRIPLOIN 10oz	50
Above options are accompanied with bacon & smoked cheddar mash, seasonal local vegetables, peppercorn demi glaze	
CRMR BISON CHEESEBURGER applewood smoked cheddar, bacon jalapeño jam, butter leaf lettuce, roasted garlic aioli	24

MAIN

<b>KABOCHA SQUASH &amp; LENTIL STEW (vg/gf)</b> kale, zucchini, carrot, turmeric root, tomato, cilantro, yucca, fresh arugula, pumpkin seeds	23
<b>STEELHEAD TROUT FILLET</b> smoked trout cake, deepwater baby kale, confit tomato, popcorn cream	30
ROASTED FREE RUN CHICKEN BREAST (gf) chili, garlic & marsala marinated chicken breast, crispy thigh, wilted kale, new potato & pancetta salad	36
BISON SHORT RIB (gf) slow braised CRMR bison short rib, house made radiatori mac & cheese, broccolini	48
HOUSE MADE PASTA	
RADIATORI chorizo sausage, broxburn cherry tomato, broccolini, white wine, red chili	28
BLACK PEPPER LINGUINI chicken, spinach, tomato, white wine, nutmeg cream, toasted sesame	28
<b>LEMON CONCHIGLIETTE</b> prawns, scallops, chorizo sausage, sweet bell peppers, snap peas, chevre cream sauce, parmesan, fresh basil	29
	29

CRMR game meat balls (5), san marzano marinara sauce, parmesan, parsley

#### gluten free pasta option - 2

vg - vegan v - vegetarian gf - gluten free

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# DESSERT MENU -

<b>HORCHATA CRÈME BRÛLÉE</b> Mexican vanilla bean, cinnamon, chili lime sable	13
VANILLA CHEESECAKE graham cracker crust, saskatoon berry compote, candied lemon	13
MOLTEN CHOCOLATE CAKE coffee caramel poached pear, salted caramel, praline cream	13
PAVLOVA (gf) grilled pineapple, lime curd, meringue kisses	13
<b>RICE PUDDING</b> wild life rhubarb gin poached raspberries, compressed rhubarb, honeycomb	13
<b>DOUGHNUT BITES (v,df)</b> sea salted caramel sauce, spicy chocolate	13
ICE CREAM & SORBET please inquire about today's selection	12

# DESSERT DRINKS

<b>AFFOGATO</b> double espresso, served over vanilla ice cream	5
<b>SHAFT AFFOGATO 1.5oz.</b> infused espresso vanilla vodka, Kahlua, crème de cacao, Baileys, & a shot of espresso, served over in-house made vanilla ice cream	10
<b>HERO DIRT 2oz.</b> Revel Stoke peanut butter whisky, Knob Creek smoked maple whisky, rhubarb syrup, cranberry	12
<b>RUM FLITE</b> Bumbu, Dictador 12, El Dorado 15, Zacapa 23 Solera	0.5oz of each - 16
<b>TEQUILA FLITE</b> El Espolòn blanco, Teremana reposado (Dwayne Johnson), Don Julio anejo, Casamigos anejo (George Clooney)	0.5oz of each - 16

